

PARK ADOPTION AND SPECIAL PROJECTS

Safety Guidelines

Each volunteer/participant must review these Safety Guidelines and review and complete the Waiver on the back before performing services and abide by them while performing services on the site.

1. Work only during daylight hours. Do not work during inclement weather or if there is lightning nearby.
2. Wear protective clothing including work gloves, sturdy shoes, long-sleeved shirts and pants to prevent injury from sharp edges, insect stings, sunburn and poison ivy. Light-colored clothing is the most visible. Wear an approved safety vest at all times while working near any streets or roadways.
3. Don't overexert yourself. Take breaks and drink plenty of water on warm days or as often as needed.
4. Be aware of your surroundings to ensure your safety and the safety of others. Be especially careful if you are using tools.
5. Don't wear headsets, engage in horseplay or other conduct which could divert your attention from your work or impair your ability to perceive hazards from traffic or other dangerous situations.
6. Provide adequate supervision for participants under the age of 18.
7. Avoid areas where hazardous conditions exist such as roads, parking lots, bridges, construction sites and areas where mowing, tree trimming or pest control is in progress. Report hazardous conditions, unsafe situations or safety hazards immediately to your group leader who should then report it to the City of Chesapeake contact.
8. If you are picking up litter, gloves must be worn at all times. Use caution in handling collected items. Do not crush collected items; broken or jagged objects could cause injury. Do not attempt to handle or remove hazardous materials, needles, etc. Do not try to pick up heavy, large or hazardous materials. Notify the City of Chesapeake contact person for pickup of all hazardous and/or dangerous materials.
9. Assign one volunteer to be the safety coordinator who oversees the other volunteers to ensure that work is conducted in a safe manner, paying special attention to participating children.
10. Do not begin work until the group leader has completed the safety briefing, completed the required safety precautions, and has given the go-ahead to start.
11. Any work done along streets must be performed in compliance with the Virginia Department of Transportation regulations.
12. Do not do or say anything that may be distracting to passing drivers.
13. Do not bring any pets to the site.
14. Be aware of possible contact with poisonous plants, stinging insects, fire ants, snakes and mosquitos.
15. No participant may partake of, possess, or distribute alcoholic beverages or illegal drugs while involved in any program activity.
16. All tools shall be used in a manner in which they were designed to be used. The group leader shall insure that all users have been properly instructed in the correct usage of all tools and equipment. The manufacturer's operators manual shall be the standard for proper use of all power equipment. **NO ONE UNDER THE AGE OF 18 SHALL BE ALLOWED TO USE ANY POWER EQUIPMENT. Mowing and heavy equipment use is prohibited on City property.**
17. Participants will bear individual responsibility for personal safety and appropriate behavior while working on city property.
18. Individual waivers are required to be completed and signed (see back of this form) for all volunteers, agreeing to hold the City of Chesapeake harmless for injuries or property damage arising from negligent action or non-conformance with these safety requirements.

Participant Name (please print): _____

Date: _____

Participant Signature: _____

Phone: _____

Parent/Guardian Signature: _____

Group: _____

(If participant is under 18)

Location: _____

VOLUNTEER WAIVER

This is to acknowledge that I, _____, will participate as a Volunteer in the City of Chesapeake’s Park/Spot Adoption or Special Projects program.

I understand that there are risks involved with this activity including, but not limited to, injury and death, and participation includes physical activities which can lead to injury and even death. In this regard, I am physically and medically able to participate in this program. I understand that Chesapeake Parks, Recreation and Tourism, its staff, instructors or other city officials are not liable for any injury, physical ailments, medical conditions, claims, damages, losses, liabilities and/or expenses incurred by me as a result of my participation in this program.

By my signature below, I confirm that I have read, understood and agree to the above.

Participant Name (please print): _____

Participant Signature: _____

Parent/Guardian Signature: _____

(If participant is under 18)

Date: _____

Phone: _____

Group: _____

Location: _____

