

COMMUNITY PARTNERS & SERVICE AREA

Chesapeake Integrated Behavioral Healthcare

Same Day Access:
757-547-9334
757-819-6104

Colonial Behavioral Health

Same Day Access:
757-220-3200

Eastern Shore Community Services Board

Same Day Access: 757-665-1260

Hampton– Newport News Community Services Board

Same Day Access: 757-788-0243

Middle Peninsula-Northern Neck Community Services Board

Same Day Access:
804-384-6387 (MP)
804-333-3671 (NN)

Norfolk Community Services Board

Same Day Access: 757-756-5600 ext 1

Portsmouth Department of Behavioral Healthcare Services

Same Day Access: 757-381-5263
757-381-5289

Virginia Beach Human Services Community Services Board

Same Day Access: 757-385-0511

Western Tidewater Community Services Board

Same Day Access:
757-758-5106

CONTACT INFORMATION

My primary crisis
support contact:

My next appointments are on:

1. _____
2. _____
3. _____

CRISIS SUPPORT:

- Call the 24/7 Crisis Line:
1-888-255-2989
- Call your local Community
Services Board/ Emergency
Services Department
- Call 911 (If the individual is
in immediate danger to self
or others. Ask for a CIT
trained officer).

REGIONAL CHILDREN'S MOBILE CRISIS RESPONSE TEAM



1-888-255-2989

OUR ROLE

Crisis staff will collaborate with local stakeholders to assist with community based stabilization. Crisis staff do not replace Emergency Services (ES), Case Managers, Support Coordinators or any other service providers, but offer additional support to help divert hospitalization or loss of placement.



WHO'S ELIGIBLE?

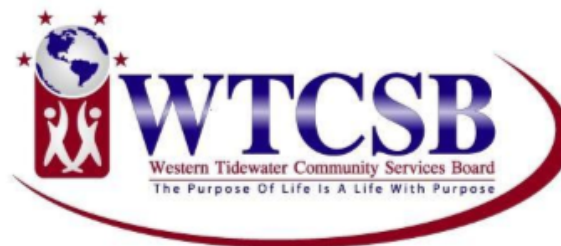
- Children and adolescents- up to age 17, experiencing mental health or behavioral crises due to mental health issues that are placing them at risk of displacement from their community homes.
- Inability to pay is not a barrier to services

SERVICES AVAILABLE

- Rapid mobile response and clinical services (Age 17 and Younger) including:
 - Clinical assessments
 - Crisis stabilization
 - Crisis intervention
 - linkage to community partners such as psychiatric, case management and counseling services.
- Therapeutic interventions that prevent unnecessary hospitalizations and placements outside of community housing.
- Coordination with community professionals and resources to stabilize behaviors and prevent regression.
- 30-day post discharge support
- Safety planning

Tell us how we're doing!

<https://www.surveymonkey.com/r/NZ2NTZ2>



WHAT IS A CRISIS?

A change in a child's typical behavior that places themselves, a caregiver, family member, or anyone else in danger. The change typically is a result of their reaction to a triggering event that they are unable to effectively cope with in the absence of supportive intervention.