



My Healthy Weigh Scholarship Application

The City of Chesapeake's "A Healthier You" program is pleased to offer 15 scholarships in the amount of \$120 to be used towards participation in the "My Healthy Weigh" body weight management program.

Terms of the scholarship:

- Scholarships will be awarded randomly to 15 full-time employees who submit an application.
- Applications must be submitted to Kayla Sikes, Wellness Coordinator, via one of the methods provided below.
 - ✓ scan and email to kasikes@cityofchesapeake.net,
 - ✓ fax to 757-382-8501, or
 - ✓ submit in person at 306 Cedar Road, Chesapeake, VA 23322, 4th Floor, Human Resources.
- Kayla will notify the 15 employees by email.
- Participants receiving the scholarship are expected to complete the eight week program. Failure to complete the eight week program will require repayment of a portion of the \$120 scholarship to be repaid. The repayment will be prorated, based on the number of weeks completed at a rate of \$15/uncompleted week. Funds will be collected via payroll deduction during the next available pay cycle.

Employee Name: _____

Employee Phone Number: _____

Employee Email Address: _____

I have read and understand the terms and conditions of the scholarship.

Employee Signature

Date