

Provides a day camp program for individuals with developmental disabilities.

**Columbia Lighthouse for the Blind**

Phone: 1-877-324-5252

Website:

[www.clb.org/children/summercamps.htm](http://www.clb.org/children/summercamps.htm)

Hosts three summer programs for children and youth who are blind or visually impaired.

**Lions-Triple R Ranch**

3531 Bunch of Walnuts Road

Chesapeake, VA 23322

Phone: 421-4177

Fax: 421-4177

Contact: Joy Norfleet

Hours Monday-Friday, 9:00am-4:30pm. Overnight camp for children with diabetes, ages 9-18 years. Offers camping programs June through August and from September to May activities which include picnics, hat rides, hikes, horseback trail rides, canoeing, horsemanship lessons, and nature walks to churches and other youth groups. Children with special needs should call in advance to ensure staff is trained to meet their needs.

**Muscular Dystrophy Association  
Summer Camp**

Roanoke, VA

Phone: (540) 772-3237

Website: [www.mdusa.org](http://www.mdusa.org)

Program serves children ages 6-21 years who are affected with any of the 43 neuromuscular diseases covered by the Association.

**North Star Academy Summer Camp**

Phone: (804) 747-1003

Website: [www.northstaracademy.net](http://www.northstaracademy.net)

**Summer Camp for the Deaf and Hard of Hearing- Richmond**

Phone: (804) 288-2867

A two-week day camp for children ages 9-15, whose primary disability is hearing impairment.

**Voices Together Camp**

Richmond, VA

Phone: (804) 285-6500 ext. 8812

Provides a structured and integrated recreational day camp for children and teens with autism.

**CANCER**

**American Cancer Society**

Hampton Roads Area Office

2730 Ellsmere Avenue

Norfolk, VA 23513

Phone: 853-6638 or

1-800-227-2345 (response line)

Fax: 853-7006 or 1-800-294-4227

Website: [www.cancer.org](http://www.cancer.org)

Serves all ages. Hours Monday-Friday, 8:00am-5:00pm. Offers services to cancer patients, including rehabilitation services, support services, and educational services; also provides public health education, speaker's bureau, health literature and exhibits; promotes research by providing funds.

**Breast Cancer Support Group**

Cancer Resource Center

600 Gresham Drive

Norfolk, VA 23507

Phone: 668-2062 or 668-2066

Contact: Heather Swindle

A support group for peer support and education. Meets the 3<sup>rd</sup> Wednesday of every month from 7:00pm-9:00pm.

**Breast Cancer Support Group**

Chesapeake General Hospital  
110 N. Battlefield Blvd  
Chesapeake, VA 23320  
Phone: 547-8121  
Fax: 547-7911  
Email: [designs8@aol.com](mailto:designs8@aol.com)  
Contact: Michelle Sumner

A support group for persons with breast cancer. Meets 1<sup>st</sup> Monday of every month at 7:00pm-8:30pm. Free for women diagnosed with breast cancer. For more information, call Women's Health Center at 482-6188.

**Breast Cancer Support Group**

Mary Immaculate Hospital  
2 Bernadine Drive  
Newport News, VA 23602  
Phone: 886-6700  
Fax: 886-6881

A support group for persons with breast cancer. Meets 3<sup>rd</sup> Wednesday of every month at 7:30pm. For more information, call 886-6701.

**Breast Cancer Support Group**

Obici Hospital  
2800 Godwin Blvd.  
Suffolk, VA 23424  
Phone: 934-4720  
Website: [www.obici.com](http://www.obici.com)  
Email: [carr@obici.com](mailto:carr@obici.com)  
Contact: Linda Carr

A support group for women with breast cancer. Meets the 4<sup>th</sup> Tuesday of each

month from 6:00 to 7:30 p.m. Call for additional information.

**Breast Cancer Support Group**

Sentara Care Plex Hospital  
3000 Coliseum Drive Suite 100  
Hampton, VA 23666  
Phone: 736-1000  
Fax: 827-2432  
Website: [www.sentara.com/cancer](http://www.sentara.com/cancer)  
Email: [ccmened@sentara.com](mailto:ccmened@sentara.com)  
Contact: Belinda Rischer

A support group for persons having breast cancer and/or OB/GYN cancer. Meets the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month at 4:00 until 5:30 p.m.

**Breast Cancer Support Group**

Sentara Leigh Hospital  
830 Kempsville Road  
Norfolk, VA 23502  
Phone: 668-4268  
Website: [www.sentara.com](http://www.sentara.com)

A support group for persons having breast cancer. Meets the 4<sup>th</sup> Wednesday of each month.

**Cancer Education and Support Group**

Maryview Medical Center  
3636 High Street  
Portsmouth, VA 23707  
Phone: 398-2447  
Fax: 393-4522  
Contact: Chaplain Kathy Kofron

A support group for cancer patients and their loved ones. Meets the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of every month at 2:00pm and 7:00pm. Meets in the Martha W. Davis Cancer Center.

**Cancer Information Service**

Mary Babb Randolph Cancer Center  
Robert C. Byrd Health Sciences Center

Of West Virginia University  
P. O. Box 9350  
Morgantown, WV 26506-9350  
Phone: 1-800-4-CANCER  
Fax: (304) 599-1552  
Website: [www.cancer.org](http://www.cancer.org)

Hours are 9:00am-4:30pm, Monday-Friday. The Mid-Atlantic Region Program of National Cancer Institute serves West Virginia, Virginia, Maryland, and District of Columbia located at Mary Babb Randolph Cancer Center. Provides the latest, most accurate cancer information for patients and their families, the general public, and health professionals. The CIS also serves as a resource for education and outreach to minority audiences and people with limited access to health care information or services.

**Cancer Support Group**  
Chesapeake General Hospital  
736 N. Battlefield Blvd.  
Chesapeake, VA 23320  
Phone: 312-6132  
Website: [www.chealth.org](http://www.chealth.org)

A support group for cancer patients and their loved ones. Meets the 4<sup>th</sup> Thursday of each month from 10:30 a.m. to 12:00 p.m. in the 5 East Day room (5<sup>th</sup> floor).

**Children's Hospital of King  
Daughters**  
601 Children's Lane  
Norfolk, Virginia 23507  
Phone: 668-7000  
Website: [www.chk.d.org](http://www.chk.d.org)

For cancer support information, call the Health Line at 668-7500.

**Coping Support Group**  
Obici Hospital

Obici Women's Center Lending Library,  
1<sup>st</sup> Floor  
2800 Godwin Blvd  
Suffolk, Virginia 23434  
Phone: 934-4628  
Fax: 934-4896  
Email: [cnarris@obici.com](mailto:cnarris@obici.com)

A support group for cancer patients and their families and friends to help them learn to live with cancer, understand how to manage their lives as they cope with diagnosis and treatment and focus on cure and remission. Meets the 2<sup>nd</sup> Monday of every month from 6:30 to 7:30pm.

**Family Coffee**  
Obici Hospital  
2800 Godwin Blvd.  
Suffolk, Virginia 23434  
Phone: 934-4628  
Fax: 934-4896  
[cnarris@obici.com](mailto:cnarris@obici.com)

A support group for families of critical or terminally ill patients. Meets every Tuesday at 11:00am in the Oncology Family Area on the 3<sup>rd</sup> floor.

**General Cancer Support Group**  
Sentara Virginia Beach General Hospital  
Health Education Center  
1060 First Colonial Road  
Virginia Beach, VA 23454  
Phone: 395-8686  
Website: [www.sentara.com](http://www.sentara.com)  
Contact: Jill Matthews

A support group for both emotional and educational support to cancer patients and their families. Meets the 3<sup>rd</sup> Monday of each month at 6:30 p.m. in the Health Ed. Building (separate building across from VBGH emergency entrance)

**Lee's Friends**

618 Stockley Gardens  
Norfolk, VA 23507  
Phone: 625-3115  
Fax: 640-1513  
Website: [www.leesfriends.org](http://www.leesfriends.org)

Cancer support groups who provide emotional to cancer patients.

**Lost Chord Club**

American Cancer Society  
2730 Ellsmere Avenue  
Norfolk, Virginia 23513  
Phone: 853-6638  
Fax: 853-7006  
Website: [www.cancer.org](http://www.cancer.org)

A support group for peer support and education for laryngectomy. Meets every Monday at 1:00pm.

**Man to Man**

2800 Godwin Blvd  
Suffolk, Virginia 23434  
Phone: 934-4999  
Fax: 934-4298  
Website: [www.obici.com](http://www.obici.com)

A support group for males facing prostate cancer and their spouses or significant others. Meets the 4<sup>th</sup> Tuesday every month at 6:00pm.

**National Cancer Institute**

Office of Cancer Communications  
National Institute of Health  
900 Rockville Pike  
Bldg. 31, Room 104-18  
Bethesda, Maryland 20205  
Phone: 1-800-4-CANCER (Office of Cancer Communications)  
Phone: 1-800-332-8615 (for deaf)  
Website: [www.cancer.gov](http://www.cancer.gov)

Resource for education about cancer and medically underserved. Serves Puerto Rico, U.S. Virgin Islands, Pacific Islands. Provides information on all cancer related topics. Partnership Programs Research.

**Our Children's Hope**

Children's Hospital of King's Daughters  
601 Children's Lane  
Norfolk, Virginia 23507  
Phone: 668-7000  
Fax: 668-9199  
Website: [www.chkd.org](http://www.chkd.org)

A support group for children who have cancer. Meets 3<sup>rd</sup> Tuesday of every month at 6:30pm.

**Sentara Cancer Resource Center**

Sentara Norfolk General Hospital  
600 Gresham Drive  
Norfolk, Virginia 23507  
Phone: 668-4268  
Fax: 668-3935  
Website: [www.sentara.com](http://www.sentara.com)

Serves the community. Hours are 8:00am.-4:30pm. Monday-Friday. Provides information on cancer.

**Us Too-Prostate Cancer Support Group**

Sentara Leigh Hospital  
830 Kempsville Road  
Norfolk, Virginia 23502  
Phone: 466-6000

A support group for prostate cancer patients and their families. Meets the 2<sup>nd</sup> Monday of each month from 7:00pm-8:30pm in the private dining room.

**Y-Me**

National Organization for Breast Cancer Information and Support

212 West Vanburen Street  
Chicago, Illinois 60607  
Phone: 1-800-221-2141  
Fax: 312-294-8597  
Website: [www.y-me.org](http://www.y-me.org) or [askme@y-me.org](mailto:askme@y-me.org)

Serves all ages. 24 hours, 7 days per week. Provides emotional support and information to breast cancer patients, their families, friends and persons concerned about breast cancer.

## **CHILD ABUSE**

**Child Abuse Hotline**  
Phone: 1-800-552-7096

24 hour telephone hotline for reporting incidents of child abuse.

**Child Help USA**  
P. O. Box 630  
Los Angeles, CA 90028  
Phone: 1-800-422-4453  
Fax: 480-922-7061  
Website: [www.childhelpusa.org](http://www.childhelpusa.org)

Serves all ages. 24 hour service provides information and referrals with regard to child abuse problems. Offers counseling and literature on the subject.

**Child Protective Services**  
Phone: 1-800-552-7096 toll free

Chesapeake  
Phone: 382-2020

Norfolk  
Phone: 664-6022

Portsmouth  
Phone: 393-9500

Suffolk  
Phone: 539-0216

Virginia Beach  
Phone: 437-3400

Reports of abuse and neglect of children under the age of 18 are investigated with the goal of protecting children from physical, mental and medical neglect, and from physical and sexual abuse and exploitation. Services are also provided to prevent and alleviate family crises. Child Protective Services are provided on a 24 hour/ 7 day a week basis

**Prevent Child Abuse Hampton Roads**  
5215 Colley Avenue  
Norfolk, Virginia 23508  
Phone: 440-2749 or 622-9622 ext. 19  
Fax: 625-5378  
Website: [www.ucantbeatkids.org](http://www.ucantbeatkids.org)  
Email: [ucantbeatkids@yahoo.com](mailto:ucantbeatkids@yahoo.com)

Serves the community. Offers advocacy, public awareness/education, a speaker's bureau, and resource referrals.

## **CHILDREN/YOUTH SERVICES**

**Appletree Learning Center**  
1012 N. Battlefield Blvd.  
Chesapeake, Virginia 23320  
Phone: 547-9530  
Fax: 547-9686  
Website: [www.appletreekids.org](http://www.appletreekids.org)  
Email: [bcrook@appletreekids.org](mailto:bcrook@appletreekids.org)

Hours Monday-Friday, 6:30am-6:00pm.

**Arkie Day Care**  
3232 S. Battlefield Blvd  
Chesapeake, Virginia 23320  
Phone: 421-3505