



## My Healthy Weigh Scholarship Application

The City of Chesapeake's "A Healthier You" program is pleased to offer 15 scholarships in the amount of \$70 to be used towards participation in the "My Healthy Weigh" body weight management program.

Terms of the scholarship:

- Scholarships will be awarded to 15 full-time employees who submit an application.
- Applications must be submitted to Kayla Sikes, Wellness Coordinator, via one of the methods provided below.
  - ✓ scan and email to [kasikes@cityofchesapeake.net](mailto:kasikes@cityofchesapeake.net),
  - ✓ fax to 757-382-8501, or
  - ✓ submit in person at 306 Cedar Road, Chesapeake, VA 23322, 4<sup>th</sup> Floor, Human Resources.
- You will be notified by email if selected for a scholarship.
- Once notified that you are a scholarship recipient, you must register and pay the remaining \$70 for the program by calling 757-312-6132 by **5 p.m. on Tuesday, September 7.**
- Participants receiving the scholarship are expected to complete the eight-week program. Failure to complete the eight-week program will require repayment of a portion of the \$70 scholarship to be repaid. The repayment will be prorated, based on the number of weeks completed at a rate of \$8.75 for each uncompleted week. Funds will be collected via payroll deduction during the next available pay cycle.

Employee Name: \_\_\_\_\_

Employee Phone Number: \_\_\_\_\_

Employee Email Address: \_\_\_\_\_

I have read and understand the terms and conditions of the scholarship.

\_\_\_\_\_  
Employee Signature

\_\_\_\_\_  
Date