

Children's Health Line	668-7500 or 1-800-395-2453
Children's Hospital of the King's Daughters	668-7000
DePaul Medical Center	889-2273
Maryview Medical Center	398-2200
Sentara Leigh	261-6000
Sentara Norfolk General	388-3000
Sentara Virginia Beach General Hospital	395-8000

Housing

Chesapeake Redevelopment & Housing Authority (CRHA)	523-0401
Norfolk Redevelopment & Housing Authority (NRHA)	623-1111
Portsmouth Redevelopment & Housing Authority (PRHA)	399-5261
S.T.O.P. (Southeastern Tidewater Opportunity Project-housing counselors)	858-1360
Suffolk Redevelopment & Housing Authority (SRHA)	539-2100
Virginia Housing Development Authority (VDHA)	1-877-843-2123

Jobs/Job Training

Goodwill Industries	424-1515
Integrity Staffing Services	420-0555
Job Corps	466-3202
Opportunity Inc.	461-7537
Tidewater Builder's Association (TBA)	420-2566
Urban League of Hampton Roads	627-0864
Virginia Employment Commission	547-9717

Libraries

Central Library	410-7101
Dr. Clarence V. Cuffee Library	410-7034
Greenbrier Library	410-7058
Indian River Library	410-7001
Major Hillard Library	410-7078
Russell Memorial Library	410-7020
South Norfolk Library	410-7048

Medicaid and HMOS

Health Keepers Plus	1-800-901-0020
Medicaid	1-804-786-6145 or 1-866-873-2647
Optima Family Care	1-800-881-2166
VA Premier	461-0064

Military

Air Compassion for Veterans	318-9136
Air Force Aid Society	764-3990
Army Emergency Relief	1-866-878-6378
Exceptional Family Members Program	953-7805
Family Advocacy	433-2912
Fleet & Family Support Center of Hampton Roads	421-8770
Hampton VA Veteran Affairs Medical Center	722-9961
Virginia Department of Veterans Services (Disability/Benefits Claims)	455-0814
Wounded Warrior Program	1-877-285-1299

Residential and Outpatient Programs for Youth

Hampton Roads Youth Center	923-4348
Harbor Point Behavioral Help Center (Residential)	391-6538
Pendleton Child Service Center	385-4537
Seton Youth Centers (Boys Facility)	498-4673
(Girls Facility)	306-1840

The Barry Robinson Center (In Home and Foster Care)	455-6100
The Kempsville Center (Residential and Inpatient)	1-877-409-2228
Tidewater Youth Services Commission	488-9161

Shelters

American Red Cross	446-7700
For Kids and Haven House (Norfolk)	587-4202
Genieve Shelter	1-800-969-4673
HER Shelter (abused women & children)	485-3384
Hope Haven (Union Mission)	427-1500
House of Esther Ministries (Home for first time pregnant teens 14-18 years old)	410-4327

Judeo Christian Outreach Center (VA Beach)	491-2846
Lighthouse Center	437-6060
Our House Families (Chesapeake)	545-4075
Portsmouth Area Resources Coalition (PARC)	397-5208
Planning Council (Homeless Prevention Program)	622-9268
Salvation Army (Norfolk)	543-8100
Samaritan House	631-0710

Seton House (Boys Facility)	498-4357
(Girls Facility)	306-1840
The Dwelling Place (Norfolk)	624-9879
Union Mission (men)	627-8686
Union Mission (women & children)	623-0642
YWCA-Women in Crisis (Norfolk)	625-5570

Social Security

National Number	1-800-772-1213
Norfolk-5850 Lake Herbert Dr.	1-866-858-6089
Portsmouth-3305 Airline Blvd.	465-4896
Virginia Beach-2875 Sabre St.	498-8726

Substance Abuse Services

AL-ANON-ATEEN (families of alcoholics)	563-1600
Alcoholics Anonymous	490-3980
Chesapeake Substance Abuse Services	547-9334
Crisis Intervention/Emergency Services only	548-7000
Nationwide Addiction Assistance Helpline	1-888-380-9374
Seton House Drug Education for Young People	306-1840

Support Groups

Alzheimer's/Alzheimer's Caregiver Support	459-2405
Brain Injury Association of Virginia, Inc.	1-804-355-5748
CHADD (Child and Adults with Attention Deficit Hyperactivity Disorder)	1-800-233-4050
Grandparents as Parents	1-818-264-0880
Rainbows Grief Support	482-3805
SibShops-Chesapeake Public Schools Parent Resource Center	482-5923
SibShops CHKD	668-7554

Translators

Bi-lingual Help Line (Mon.-Fri. 9am-6pm)	1-866-783-2645
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Transportation

Handi-Ride	455-8010
Health Keepers Transport (5 day notice)	1-877-892-3988
HRT	222-6000
Optima (Sentara) Cab (5 day notice)	1-877-892-3986
Straight Medicaid Cab (5 day notice)	1-866-386-8331

VA Premier Transport	461-0064
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Vision/Hearing

Eye Care America (glasses for seniors)	1-800-222-3937
Fusco, Christopher, Dr. (Accepts Medicaid HMOs only)	424-4177
Lions Club (vision and hearing)	1-800-446-2700
New Eyes for the Needy (glasses-all ages)	1-973-376-4903
Pollock, Earl, Dr. (accepts Medicaid HMOs)	484-8080
Vision USA (exam only)	1-800-766-4466

(someone in household must be working and cannot have insurance)

Web Resources

www.ABBAlist.com
 www.chesapeakeRUready.com
 www.cityofchesapeake.net
 www.kidspriorityone.com

WIC

Great Bridge	382-8608
South Norfolk	382-2651

Youth/Teen Programs

4-H Club	382-6444
Boy Scouts of America	497-2688
Boys & Girls Club of Southeast Virginia	545-5963
Bureau of Community Programs	382-6191
Chesapeake Parks and Recreation Administration	382-6411

Chesapeake Parks and Recreation Centers:	
Camelot	485-7400
Deep Creek	487-8841
Dr. Clarence V. Cuffee	648-8549
Great Bridge	382-6292
Indian River	424-4238
River Crest	436-3100
South Norfolk	543-5721
Western Branch	465-0211
Girl Power	547-9334
Girl Scouts of Colonial Coast	547-4405
Triple R Ranch	421-4177
Tutoring-YMCA Greenbrier	547-9622
VOLUNTEER Hampton Roads	624-2400
YMCA:	

Great Bridge/Hickory Family YMCA	546-9622
Greenbrier Family YMCA	547-9622
Greenbrier North YMCA	366-9622
Taylor Bend Family YMCA	638-9622
Youth Entertainment Studios (YES)	761-9347

For more resources information, visit:



757-244-5373
 www.KidsPriorityOne.org
 www.ABBAlist.com

or contact Customer Contact Center: 382-CITY (2489)
 or contact Information & Referral: 211

Updated 2013

The Chesapeake Resource Guide

connecting citizens to resources.....



HELPING YOUTH SUCCEED



Chesapeake Community Services Board

Main Number	547-9334
Mental Health Services, Substance Abuse Services, Intellectual Disability Case Management Services and Day Support Services, Residential Services, Prevention Programs, Parenting Programs	
Emergency Services	548-7000
Infant Intervention	547-8929

Chesapeake Health Department

Baby Care	382-8652
Car Seat Program	382-8652
Family Planning	982-8631
Great Bridge	382-8600
Immunization Clinic	382-8609
STD Clinic	382-8617

Chesapeake Public Schools

Adult Education Center (GED, ESOL)	482-5680
Parent Resource Center	482-5923
Preschool Intake	494-7600
Student Services	547-0585

Chesapeake Social Services

Main Number	382-2000
Benefits Program: Food Stamps, Fuel Assistance, General Relief, Medicaid, State/Local Hospitalization (SLH), Temporary Assistance to Needy Families (TANF)	
Medical Insurance: Family Access to Medical Insurance Security (FAMIS), Medicaid	
After Hours Adult Protective Services	1-800-552-7096
After Hours CPS Emergencies	1-800-552-7096
Child Protective Services	382-2020
Services Division: Adoption, Adult Protective Services, Child Protective Services, Daycare, Fathers in New Direction (FIND), Foster Care	
Virginia Initiative for Employment Not Welfare (VIEW)	
Welfare to Work Programs: JOBSWORK	382-2312

Abuse Services

Adult:	
Adult Protective Services	382-2008
After Hours State Hotline	1-800-552-7096
Family Violence and Sexual Assault Hotline	1-800-838-8238
Help and Emergency Response (HER)	485-3384 or 485-1445
Legal Assistance	631-0710
Response-Sexual Assault Hotline	622-4300
Samaritan House/Safe Harbor	430-2120
Victim Witness Program	382-6417
YMCA-Women in Crisis 24-Hour Hotline	625-5570
Child:	
After Hours State Hotline	1-800-552-7096
CASA	382-8183
Child Protective Services	382-2020
CHKD Child Abuse Center	668-6100
Juvenile & Domestic Relations Court	382-8100
Prevent Child Abuse Hampton Roads	440-2749

Bills/Financial Resources

American Red Cross	446-7762
Catholic Charities Financial Counseling	533-5217

Chesapeake Human Services	382-2000
For Kids	622-6400
H.E.R. Shelter	485-3384
House of Blessing	547-9341
Our House Families	545-4075
Portsmouth Area Resources Coalition (PARC)	397-5208
Salvation Army	543-8100
S.T.O.P. (Southeastern Tidewater Opportunity Project)	858-1360

Child Support and Legal Assistance

Child Support Enforcement	1-800-468-8894
Chesapeake Division of Child Support Enforcement	548-7900
Juvenile Delinquency Intake Office	382-8188
Legal Aid Society of Eastern Virginia	220-6837

Classes

Parenting:	
Boot Camp for Dads	312-6508
Catholic Charities	466-7707
Chesapeake Department of Human Services	382-2000
Chesapeake Fathers in New Directions Program	382-2249
Children First (custody disputes)	382-6191
Children's Hospital of the King's Daughters	668-7554
Lutheran Family Services	722-4707
Parent Consultation Program/Nurturing Parent	547-9334
Parent Resource Center	482-5923
Pendleton Child Service Center	385-4537
Project FIND (for dads)	382-2249
Seton House	306-1840
Pregnancy:	
Breastfeeding Counselor	382-8604
Childbirth/Lamaze Classes (Optima/Sentara)	1-800-736-8272
Smoking (cease):	
Quit Now VA	1-800-784-8669

Clinics

Care Connection for Children	668-7132
Chesapeake Care Free Clinic (Medical and Dental)	545-5700
Chesapeake Community Health Center	228-1288
Hampton Roads Community Health Center (Norfolk)	533-9108
Hampton Roads Community Health Center (Ports.)	393-6363
Planned Parenthood	499-7526
Pregnancy Resource Clinic of Hampton Roads	497-4070

Counseling

24 hour Domestic Violence Hotline	485-3384
Catholic Charities	467-7707
Chesapeake Mental Health	547-9334
Children's Hospital of the King's Daughters	668-7000
Crisis Line 24 hours	548-7000
Crisis Pregnancy Center	499-4444
Eden Counseling Center	466-3336
EDMARC Greif Counseling/Hospice for Children	967-9251
Institute for Family Centered Services	494-1997
Jewish Family Services	459-4640
Keim Centers	499-4444
Lutheran Family Services	722-4707
Mediation Center for Hampton Roads	624-6666
Planned Parenthood of SE Virginia	499-7526

Regent Psychological Services	352-4488
Seton House for Boys (teens)	498-4673
Seton House for Girls (teens)	306-1840
The Barry Robinson Center for Youth	455-6100
The UP Center	622-7017
Tidewater Pastoral Counseling Services (no Anthem)	623-2700
Tidewater Youth Services Commission	488-9161
United Methodist Family Services	490-9791
YWCA Crisis Line/Response (sexual assault)	622-4300

Courts

Circuit:	382-3000
Civil, Criminal, Deeds & Records, Marriage License, Notaries, Probate Will	
General:	382-3100
Traffic, Criminal, Civil	
Juvenile & Domestic:	382-8150
Intake, Juvenile Criminal Complaints, Custody, Support, Visitation, Protective Orders, Juvenile Probation/Parole	
Mediation Information	382-8133
Victim Witness Protection	382-6417

Dentists (Medicaid)

Family Dentistry (Dr. Darrel Boyce)	424-6580
Kool Smiles	769-8911
Mealy, Robert J., Dr.	543-7973
Mercy Dental Clinic	490-1110
Old Dominion Dental Clinic	683-4308
(Cleanings only-No Medicaid-cash or check payment only)	
Radler, Mark L., Dr., DMD (Smiles for Children Program)	268-2679
Solomon, A./Forbes, A., Drs. (straight Medicaid only)	547-2171

Disability Information/Special Needs

Autism Society of America (Tidewater chapter)	461-4474
Brain Injury Association of Virginia, Inc.	1-800-444-6443
Chesapeake Parks & Recreation Program	382-1328
Chesapeake Public Schools Parent Resource Center	482-5923
Chesapeake Public Schools Preschool Intake	494-7600
Dept. of Rehabilitation Services	1-800-552-5019
Endependence Center, Inc.	461-8007
Goodwill Industries	1-804-745-6300
Parent Educational Advocacy Training Center (PEATC)	572-6579
Social Security/SSI/SSDI	1-800-772-1213
Virginia Association for the Blind	1-800-426-2144

Doctors

For Children:	
Adult and Pediatric Medical Assoc. P.C.	484-2001
Bugarin, Lopito, Dr.	547-0588
Chesapeake Pediatrics	668-2500
Children's Specialty Group	668-7007
CHKD Doctors-Appointments	668-7400 or 668-7179
Curry, Michelle, Dr.	547-5851
Emejuru, Ogubuike, Dr.	436-2300
Hampton Roads Community Health Center	393-6363
Nansemond Pediatrics	668-2600
North Shore Pediatrics	440-8287
Pediatric Affiliates of Hampton Roads	473-3200
Pediatric Partners of Hampton Roads	410-3630

Pediatric Specialists	436-1770
Pediatrics of Kempsville, P.C.	523-4589
Renaissance Pediatrics (Western Branch-No straight Medicaid)	488-2223
Tidewater Children's Assoc.	668-2650
Tidewater Pediatric Consultants, P.C.	420-6218
Virginia Beach Medical Center	425-3610

For Pregnancy:	
Atlantic Obstetrics & Gynecology	548-0044
Chesapeake Community Health Center (PICH)	228-1288
Chesapeake Health Care for Women, Ltd.	547-8108
Chesapeake Women's Care	548-3880
Div. of Mid-Atlantic Women's Care	
Coltrin, Diane, Dr.-Sentara Leigh	227-8675
Corney, Margie, Dr. (GYN only)	548-2800
EVMS-Maternal Fetal Medicine	446-7900
Greenbrier Obstetrics and Gynecology	547-4500
Gynecology Associates	627-0241
Hampton Roads Community Health Center	393-6363
Hampton Roads OB/GYN Center Norfolk	889-6890
Jordan and Associates	436-2424
Melek, Seham, Dr.	547-4500
Perwaiz, Javaid, Dr.	483-6430
Total Care for Women	436-0167
Virginia Beach Family Medical Center	425-3610
Virginia Center for Women	547-2322
Western Branch OB/GYN	484-2272

Early Care/Education

Early Adventures	424-2261
Head Start	673-0548
Planning Council	622-9268
Social Services – Child Care	382-2051
Virginia Child Care Resource and Referral Network	1-804-285-0846

Emergency

Animal Control	382-8080
Emergency Police/Fire/Ambulance	911
(non-emergency 382-6161)	
Mental Health Crisis	548-7000
National Suicide Hotline	1-800-273-TALK (8255)
Suicide Crisis Center	622-1126
Virginia Poison Control	211 or 1-800-222-1222

Food Pantries/Meals

Food Bank of Southeastern Virginia	627-6599
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Home Visiting Programs

Baby Care	382-8652
Chesapeake Infant Intervention Program	547-8929
Children's Health Investment Program	543-9100
Comfort Home Health	312-6460
Resource Mothers – The UP Center	397-2121

Hospitals

Bon Secour Medical Center	889-5000
Chesapeake Regional Medical Center	312-8121
Maternity Registration	312-6186
Mother Baby Unit	312-6159
Nursery	312-6160