



# Virginia Cooperative Extension

Virginia Tech • Virginia State University



## Plant a Row for the Hungry Vegetable Collection

- Tuesdays June 6 thru September 26 from 9:00 am to 12 noon  
(for Chesapeake Food Bank)
- Chesapeake Extension Trailer corner of Shea Drive and  
Holt Drive
- For more information call the Chesapeake Extension Office  
at 382-6348

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## Participation in Plant-A-Row Benefits

- Provides good brochures & information to help vegetable growers of all ages grow more & healthy crops
- Encourages growers to provide excess vegetables to the needy in our community
- Provides healthy food for those in the Chesapeake community who are truly needy
- Assists the local food bank with reception & delivery of surplus fruits & vegetables
- Advises participants that their charitable donations & mileage can be deducted from their taxes
- Is a nation-wide campaign initiated by the Garden Writers Association of America
- Provides recipes & gardening tips
- Speakers on request (vegetable gardening)
- Note: If you are not a fruit or vegetable grower, you may still participate in Plant-A-Row by donating pantry items. All canned and boxed items are welcomed & appreciated.