Young Widows or Widowers  
(Y.W.O.W)  
P.O. Box 6525  
Virginia Beach, VA 23456  
Phone: 468-2361  
Fax: 368-9174  
Website: www.ywow.org  
Email: info@ywow.org

A non-profit organization which provides a safe environment to men and women who have lost their spouses much too early in life. Offers mutual support, bereavement resources and social events.

CAMPS FOR CHILDREN WITH SPECIAL NEEDS

American Diabetes Association  
Phone: (202) 331-8303 ext. 4540  
Website: www.diabetes.org

Provides a summer residential camp for children ages 7-15 that have diabetes. Camperships are also available.

American Kidney Fund  
Phone: 1-800-638-8299  
Website: www.kidneyfund.org

Enables needy children with chronic kidney disease to attend summer camp. Provides financial aid for camp tuition, transportation or camping supplies.

American Lung Association Camps  
Website: www.asthamacamps.org

Camp Incredible  
Phone: (804) 864-7878

Camp Fresh Air, Richmond  

Phone: (804) 288-0055  
Website: www.vaallergy.com

Camp SUPERKIDS- Norfolk  
Phone: 442-3442  
Website: www.asthamacamp.org

Programs provides a variety of day and week long outdoor camps, to help children and families gain methods for living with asthma that work best for them.

Camp Child  
Phone: (434) 384-2465  
Website: www.campchild.org

Designed for students identified as disabled to provide a summer program of individualized academic reinforcement and instruction to help bridge the gap between school years. Also offers fun summer activities.

Camp Gonnawannagoagain  
Families of Autistic Children  
Phone: 422-9287 or 481-0970

A program for children with autism that runs four weeks in the summer vacation.

Camp Holiday Trails  
Charlottesville, VA  
Phone: (804) 977-3781  
Website: www.avenue.org/cht/

Provides children ages 7-17, with special medical needs and/or chronic health problems an opportunity to enjoy a summer camp experience.

Camp Horizons  
Family Services of Tidewater, Inc.  
Phone: 622-7017 ext. 136
Provides a day camp program for individuals with developmental disabilities.

**Columbia Lighthouse for the Blind**
Phone: 1-877-324-5252  
Website: [www.clb.org/children/summercamps.htm](http://www.clb.org/children/summercamps.htm)

Hosts three summer programs for children and youth who are blind or visually impaired.

**Lions-Triple R Ranch**
3531 Bunch of Walnuts Road  
Chesapeake, VA 23322  
Phone: 421-4177  
Fax: 421-4177  
Contact: Joy Norfleet

Hours Monday-Friday, 9:00am-4:30pm. Overnight camp for children with diabetes, ages 9-18 years. Offers camping programs June through August and from September to May activities which include picnics, hat rides, hikes, horseback trail rides, canoeing, horsemanship lessons, and nature walks to churches and other youth groups. Children with special needs should call in advance to ensure staff is trained to meet their needs.

**Muscular Dystrophy Association Summer Camp**
Roanoke, VA  
Phone: (540) 772-3237  
Website: [www.mdusa.org](http://www.mdusa.org)

Program serves children ages 6-21 years who are affected with any of the 43 neuromuscular diseases covered by the Association.

**North Star Academy Summer Camp**
Phone: (804) 747-1003  
Website: [www.northstaracademy.net](http://www.northstaracademy.net)

**Summer Camp for the Deaf and Hard of Hearing- Richmond**
Phone: (804) 288-2867

A two-week day camp for children ages 9-15, whose primary disability is hearing impairment.

**Voices Together Camp**
Richmond, VA  
Phone: (804) 285-6500 ext. 8812

Provides a structured and integrated recreational day camp for children and teens with autism.

---

**CANCER**

**American Cancer Society Hampton Roads Area Office**
2730 Ellsmere Avenue  
Norfolk, VA 23513  
Phone: 853-6638 or 1-800-227-2345 (response line)  
Fax: 853-7006 or 1-800-294-4227  
Website: [www.cancer.org](http://www.cancer.org)

Serves all ages. Hours Monday-Friday, 8:00am-5:00pm. Offers services to cancer patients, including rehabilitation services, support services, and educational services; also provides public health education, speaker’s bureau, health literature and exhibits; promotes research by providing funds.

**Breast Cancer Support Group**
Cancer Resource Center  
600 Gresham Drive  
Norfolk, VA 23507  
Phone: 668-2062 or 668-2066